

# Delivery speed - Unaddressed mail

Valid from 1.1.2025

The tables below shows workdays from handing-in to the first possible distribution day. The handing-in day is day 0. Workdays are Monday - Friday (except Official Holidays). Christmas eve, New year's eve and Wednesday before Maundy Thursday are not workdays.

- **Early handing-in: +2 workdays** for items distributed in week 50, 51 and 52 in 2025.  
Note: + 2 workdays is also applicable for week 1, 2026.
- **+1 workday** for items distributed in week 17, 2025 (the week after Easter) and week 24 (the week after Pentecost).

	Handing out	East, West and North Norway	South and South-west Norway	Mid Norway
Handing in at post in store	For handing in at Posts in store within the postcode ranges stated below*	Postcode 00-39, 42,50-59, 67-69, 80-99	Postcode 40-41, 43-49	Postcode 60-66, 70-79
East Norway	00-39	5	5	5
South and Southwest Norway	40-49, 55	5	5	6
West Norway	50-54, 56-59, 67-69	5	5	6
Mid Norway	60-62, 63-66, 70-79	5	6	6
Nordland	80-89, 94	6	7	5
Troms and Finnmark	90-93, 95-99	7	7	6

Handing in at terminal	Handing out	East Norway	West Norway	North Norway	South and South-west Norway	Mid Norway
		Postcode 00-39, 42	Postcode 50-59, 67-69	Postcode 80-99	Postcode 40-41, 43-49	Postcode 60-66, 70-79
Oslo: Postens Østlandsterminal		4	4	4	4	4
Stavanger Postterminal		4	4	4	4	5
Bergen Postterminal		4	4	4	4	5
Trondheim Postterminal		4	4	4	5	4
Bodøterminalen		6	6	6	6	4
Tromsøterminalen		6	6	6	7	7
Stokke: Bringterminalen		5	5	5	5	5
Fredrikstad: Bringterminalen		4	4	4	5	5
Hamar: Bringterminalen		4	4	4	5	5
Kristiansand: Bringterminalen		5	5	5	5	5
Molde: Bringterminalen		4	4	4	5	4



Handing-in deadlines - unaddressed mail			
Terminal	Delivery Adress	Postcode/name	Deadline
0020 Østlandsterminalen	Lørenskogveien 50	1470 Lørenskog	16:00
2300 Hamar	Smiuhagan 10	2323 Ingeberg	17:00
3100 Stokke	Borgeskogen 57G	3160 Stokke	16:00
4000 Stavanger	Næringsveien 2	4323 Sandnes	16:00
5000 Bergen	Kanalvn 52B	5068 Bergen	17:00
7000 Trondheim	Torgårdstrøa 18	7093 Tiller	17:00
8000 Bodø	Olav V gate 42	8004 Bodø	15:00
9000 Tromsø	Stakkevollveien 317	9019 Tromsø	17:00
Fredrikstadterminalen	Evjebekkveien 3	1661 Rolvsøy	17:00
Kristiansand Postterminal	Snellidalen 3	4636 Kristiansand	17:00
Molde Postterminal	Gammelseterlia 22	6422 Molde	17:00

\* 2-digits indicates the two first digits in the postal code. Example: 00 - 39 is valid for postal code 0001 to 3999.

If mailings are handed-in at Service centres, Post offices and Post in shop follow local handing-in times for Unaddressed mail. Find your handing-in place at [bring.no/kart](http://bring.no/kart). Press the link «More information» and you will find information about handing-in deadlines.

**Handing-in deadlines must be followed even if the postal terminal or your local handing-in place has longer opening hours.**