

Price list

Parcels to consumers abroad

Valid from 1.1.2025
Subject to change

PickUp Parcel

All prices are per parcel and stated in Norwegian kroner (NOK) excluding fuel and sulfur surcharges.
Shipments abroad are not subject to VAT.

Freight-bearing weigh							
Up to (kg)	Zone 1	Zone 2	Zone 3	Zone 4	Zone 5	Zone 6	Zone 7
1	195	225	255	290	330	370	420
2	230	245	280	315	390	445	520
3	250	265	305	340	450	520	620
4	270	285	330	365	510	595	720
5	290	305	355	390	570	670	820
6	310	325	380	415	630	745	920
7	330	345	405	440	690	820	1020
8	350	365	430	465	750	895	1120
9	370	385	455	490	810	970	1220
10	390	405	480	515	870	1045	1320
11	410	425	505	540	930	1120	1420
12	430	445	530	565	990	1195	1520
13	450	465	555	590	1050	1270	1620
14	470	485	580	615	1110	1345	1720
15	490	505	605	640	1170	1420	1820
16	510	525	630	665	1230	1495	1920
17	530	545	655	690	1290	1570	2020
18	550	565	680	715	1350	1645	2120
19	570	585	705	740	1410	1720	2220
20	590	605	730	765	1470	1795	2320
Additional per kilo	20	20	25	25	60	75	100





Charging is based on freight-bearing weight (volume factor 200 kg/m³).
 Volume per parcel max 0.25 m³. Length + circumference per parcel max 300 cm.
 Maximum real weight per parcel is 20 kg (see local deviations in the zone table).

Export declaration fee (incl. 3 customs lines) is included in the price.
 Import declaration fee and any customs duties are paid by the recipient.

Pricing zones	Countries and territories
Pricing zone 1	Denmark, Finland, Sweden, Åland, Germany, Netherlands, Estonia, Latvia, Lithuania.
Pricing zone 2	Austria, Belgium, Bulgaria, Croatia, Czech Rep, Hungary, Luxembourg, Poland, Slovakia.
Pricing zone 3	Cyprus, France, Ireland, Liechtenstein, Malta, Portugal (mainland), Romania, Slovenia, Switzerland, Gibraltar.
Pricing zone 4	Equatorial Guinea, Greece, Italy, Kosovo, Nauru, Spain (mainland), United Kingdom, Vatican, Bosnia and Herzegovina, Morocco, North Macedonia.
Pricing zone 5	Albania, Antigua and Barbuda, Bahamas, Balearic Islands (Spain), Barbados, Benin, British Virgin Islands, Ceuta and Melilla (Spain), Chad, China (People's Rep.), Congo, Dominica, Guinea, Iraq, Jordan, Kuwait, Lebanon, Liberia, Moldova, Montenegro, Niger, Qatar, Saint Lucia, Saudi Arabia, Senegal, Serbia, Sierra Leone, Sint Maarten, United Arab Emirates.
Pricing zone 6	Algeria, Anguilla, Armenia, Aruba, Azerbaijan, Bahrain, Burkina Faso, Cameroon, Canary Islands (Spain), Cape Verde, Central African Rep., Ivory Coast, Djibouti, Dominican Republic, Egypt, Ethiopia, Gabon, Gambia, Grenada, Guatemala, Guernsey, Honduras, Iceland, Isle of Man, Jersey, Kyrgyzstan, Mali, Mauritania, Nepal, Oman, Pakistan, Panama, Rwanda, Saint Christopher (St Kitts) and Nevis, Saint Vincent and the Grenadines, Sao Tome and Principe, Seychelles, Sri Lanka, Suriname, Tajikistan, Togo, Trinidad and Tobago, Turkmenistan, Uganda, Tristan da Cunha, Tunisia, Türkiye, Ukraine, Zambia.
Prissone 7	Angola, Argentina, Ascension, Australia, Azores and Madeira (Portugal Islands), Bangladesh, Belarus, Belize, Bermuda, Bhutan, Bolivia, Bonaire - Sint Eustatius and Saba, Botswana, Brazil, Brunei Darussalam, Burundi, Cambodia, Canada, Cayman Islands, Chile, Colombia, Cook Islands, Costa Rica, Cuba, Curacao, Dem. Rep. Of the Congo, Ecuador, El Salvador, Eritrea, Eswatini, Falkland Islands, Faroe Islands, Fiji, French Polynesia, Georgia, Ghana, Guinea-Bissau, Greenland, Guyana, Hong Kong (China), India, Indonesia, Iran, Israel, Jamaica, Japan, Kazakhstan, Kenya, Kiribati, Korea (Rep.), Lao People's Dem. Rep., Lesotho, Macao (China), Madagascar, Malawi, Malaysia, Maldives, Mauritius, Mexico, Mongolia, Mozambique, Myanmar, Namibia, New Caledonia, New Zealand, Nicaragua, Nigeria, Papua New Guinea, Paraguay, Peru, Philippines, Pitcairn Islands, Russian Federation, Samoa, Singapore, Solomon Islands, South Africa, St. Helena, Taiwan, Tanzania, Thailand, Tonga (including Niufo'ou), Tuvalu, , United States of America, Uruguay, Uzbekistan, Vanuatu, Venezuela, Vietnam, Wallis and Futuna Islands, Zimbabwe, Other countries or territories.